MINUTES HEALTHY SAANICH ADVISORY COMMITTEE

Held virtually from Saanich Municipal Hall, Council Chambers January 5, 2022 at 6:01 p.m.

Present:	Chair:	Councillor Ned Taylor
	Members:	Clare Attwell, Ryan Henderson, Basil Langevin, Kam Judge, Liz Miller (SCAN), and Jasmine Noble.
	Staff:	Cristina Caravaca, Senior Manager, Community Services; Tara Da Silva, Senior Committee Clerk; and Austin Winters, Committee Clerk.
	Absent:	Silvia Mangue Alene and Carren Dujela

MINUTES

MOVED by L. Miller and seconded by K. Judge, "That the minutes of the Healthy Saanich Advisory Committee meeting held November 3, 2021, be adopted as circulated." CARRIED

CHAIR'S REMARKS / WELCOME AND INTRODUCTIONS

The Chair welcomed new members to the committee. The Chair encouraged all members to contact him if they have any questions, concerns or ideas about the committee. Members of the committee and staff participated in roundtable introductions.

REVIEW OF HSAC PURPOSE, TERMS OF REFERENCE, COMMITTEE MEETING DATES AND COMMITTEE PROCEDURES

The Chair confirmed that meetings will be held at 6:00 p.m. on the first Wednesday of the month, except for July, August and December. The Terms of Reference were provided to members of the committee for informational purposes.

REVIEW POTENTIAL SPEAKERS LIST

Committee member Dr. Noble led a discussion on varying speakers that potentially could be invited to present to the Committee on a variety of topics in 2022. The following speakers were mentioned:

- Dr. Thomas Kerr is the Associate Director of the BC Centre on Substance Use (BCCSU) and Director of Research at the BCCSU.
- Dr. Kerr is the leading expert in Canada on the opioid crisis and harm reduction. He was also the lead scientist in the evaluation of the safe injection site in Vancouver that was used in the Supreme Court of Canada rulings on safe injection sites.
- Dr. Jill Murphy is a Professor at the University of British Columbia and an Executive Director of the APEC Digital Hub for Mental Health.
- Dr. Murphy's expertise is in workplace mental health from which Dr. Murphy and Dr. Noble completed a global survey on workplace mental health for the World Health Organization.

- A representative from the Institute of Health Economics could be invited to speak on the impact costs have on public health and public policy decisions.
- Dr. Andrew Greenshaw is a Professor of Psychiatry and Neuroscience at the University of Alberta and the scientific director of the APEC Digital Hub for mental health.
- Dr. Greenshaw has a lot of expertise in a variety of fields but of particular interest to the committee may be his expertise in adolescence and youth mental health.
- Dr. Vincent Agyapong is the Head of the Department of Psychiatry at Dalhousie University.
- Dr. Agyapong along with Dr. Noble completed a study on broad text messaging support using principles of cognitive behavioural therapy to support mental health.
- Dr. Noble also offered to speak in front of the Committee on new technology in mental health or preventions and interventions for Fetal Alcohol Spectrum Disorder which are her areas of expertise.

The following was noted during discussion with committee members:

- For further review a list of all of the speakers Dr. Noble mentioned was requested to be circulated with the committee members.
- The Chair established a preference to invite one of the experts on mental health since HSAC is already currently focusing on mental health and how to update the Strategic Plan to include mental health components.
- A member requested to potentially include "story of place" into the mandate of HSAC. "Story of place" focuses on the premise of examining and telling the deep history of a specific location.

ADJOURNMENT

The meeting adjourned at 6:27 p.m.

NEXT MEETING

The next meeting is scheduled for February 2, 2022.

Chair

I hereby certify these minutes are accurate.

Committee Secretary